

ADDITIONAL INFORMATION  
FOR THE  
**NWLA CHEER INVITATIONAL!**



***Details to help your team prepare for this competition:***

- *Routines should not exceed 2.5 minutes*
- *Routines must be performed in the marked off performance area (48' x 48')*
- *Should include Crowd Involvement Cheer/Chant, Dance, Stunts, Pyramids, Tumbling and Jumps (**see Judging Sheet attached**)*
- *Cheer may be performed with or without music in the background.*
- *Props such as pompons, megaphones and signs are allowed.*
- *Each team must bring **2** copies of routine music.*
- *AACCA School Cheerleading Safety Guidelines will be followed. Go to [www.aacca.org](http://www.aacca.org) for details.*